

EST. 1939

# BUFFA'S



A 20% gratuity will be added to parties of 5 or more.  
We are happy to split checks equally on up to 3 credit cards.

## Appetizers & Sides

- Boudin Balls** 🌿 \$12.50  
Boudin meatballs, deep-fried and served with a spicy crawfish cream sauce.
- Carrot Croquette** 🌿 \$11.50  
One carrot & potato cake topped w/Gulf shrimp and our smoked sausage cream sauce.
- Fried Green Beans** \$7.50  
w/Sambal sauce
- Wisconsin Cheese Curds** \$7.50  
w/Ranch sauce
- French Fries** \$5.25
- Onion Rings** \$7.50
- Red Beans & Rice (cup)** \$8.00

## Salads

- House Made Potato Salad** \$6.50
- House Salad** small \$7.50  
large \$11.00  
Lettuce and mushrooms, red onion, and carrot. Perfect to get your meal started!
- King Caesar** small \$8.00  
large \$12.00  
Romaine tossed with Parmesan cheese, Caesar dressing, and croutons.
- Add Deep-Fried Honey Praline Ham \$4.50
  - Add Chicken Breast \$5.50
  - Add Redfish or Shrimp 🌿 \$7.00
- Chef Salad** large \$14.00  
Mushrooms, red onions, Parmesan cheese on a bed of mixed lettuce with your choice of chicken or shrimp.

### Dressings:

Bleu Cheese,  
Caesar, Ranch, Italian Vinaigrette,  
Sweet Garlic Vinaigrette, and  
Thousand Island.

All our dressings are made in house.

🌿 - Contains Shellfish

Buffa's proudly serves only Louisiana Local crawfish and shrimp.

## Sandwiches

- Grilled Cheese** \$7.00
- Turkey** \$8.00
- Smoked Sausage** \$9.00
- Grilled Chicken Breast** \$10.00
- Deep Fried Honey Praline Ham** \$13.25

All sandwiches served with fries.  
Make it a PoBoy for an extra \$2.50!

All sandwiches except Grilled Cheese come dressed with tomato, lettuce, and mayo on your choice of toasted white, wheat, rye, bun, or French bread.

Add American, Bleu, Cheddar, Feta, Pepperjack, or Swiss cheese to any sandwich for \$1.00.

## Pasta

- Alfredo** \$11.50  
A mixture of cheeses added to our secret sauce and served over fettuccine.
- Add Grilled Chicken \$4.50
  - Add Grilled Shrimp 🌿 \$7.00

**Primevera** \$11.50  
A variety of fresh vegetables sautéed in garlic, served over fettuccine. Add cream to make it a "Creamevera" for \$1.

- Add Grilled Chicken \$4.50
- Add Grilled Shrimp 🌿 \$7.00

**Crawfish Fiesta** \$17.00  
Loads of crawfish in a spicy cheddar cream sauce.

Eat Fit NOLA items meet the nutritional criteria designated by the Oschner Health System. For more information visit [www.eatfitnola.com](http://www.eatfitnola.com)

## Chicken Wings

**Buffa-lo Wings** .....\$10.50



Six tasty Buffalo wings, Buffa's style!

Tell your server how hot you like 'em on a scale of 1-5.

**Italian Wings** .....\$10.50

Six wings with our new Italian Vinaigrette sauce.

**BBQ Wings** .....\$10.50



Six wings with our house BBQ sauce.

**Chuck Wings** .....\$12.50



Six wings with our original sauce—a blend of roasted peppers with a hint of peach and our secret combination of spices. Hot, sweet, & smoky—and incredibly delicious.

(Medium hot—too hot for some)

**Atomic Chuck Wings** .....\$14.50



Six wings with our original sauce kicked up a notch or three with Smoked Ghost Pepper Powder.  
(Hot—too hot for most)

Our wings come with celery and your choice of Ranch or Bleu Cheese dressing.

Want it "hurt yourself" spicy?  
Add Smoked Ghost Pepper to any wings for \$3.00

## Specialty Sandwiches

**The Brat** (1) \$9.00  
(2) \$13.00

A delicious Johnsonville Brat, soaked in beer and onions, then grilled over charcoal. Served on a bun with Creole mustard, grilled onions or sauerkraut.

**The Reuben** \$15.00  
Corned beef & sauerkraut with 1000 Island dressing & Swiss cheese on rye bread.

**The Rachel** \$13.50  
Turkey & sauerkraut with 1000 Island dressing & Swiss cheese on grilled rye bread.

**B.L.T.** \$9.00  
Crispy bacon, sliced tomato, and lettuce on your choice of toast with Creole Mustard, regular mayo, or Sambal mayo.

**NEW**  
**Chicken Delmonico** \$14.50  
Grilled chicken breast, onions, mushrooms, and green peppers smothered with Swiss cheese. Served on PoBoy bread with fries.

**The Avenger** 🌿 \$16.00  
No assembly required! Our signature Deep-Fried Honey Praline Ham, turkey, grilled shrimp, with Pepperjack cheese and our spicy sambal sauce, dressed on French bread.

**Redfish PoBoy** \$16.00  
A blackened redfish fillet, dressed with lettuce, tomato, and our Sambal sauce.

All Specialty Sandwiches served with your choice of fries or Potato Salad.

## Buffa's Burgers

**The Buffa Burger** .....\$12.50  
A half-pound of blackened ground beef slow-grilled to your taste and topped with cheddar cheese & dressed with lettuce, tomato and mayo.

**The Buckaroo** .....\$14.50  
You don't have to be from the 8th dimension to enjoy this delicacy (but it helps). A half-pound burger with BBQ sauce, lettuce, tomato, Swiss cheese, bacon, & an onion ring.

**The TARDIS** .....\$15.50  
Our Chameleon Circuit is stuck on burger with this one! An 8 oz seasoned patty topped with Bleu and American cheeses, bacon, tomato, an onion ring and bleu cheese dressing. Served with fries.

**The Gotham Knight** .....\$15.50  
The Buffa Burger fit for a superhero! A half-pound beef patty, a slice of our deep-fried honey praline ham, Swiss cheese, sautéed mushrooms, with mayo & Creole mustard.

**NEW**  
**The Punisher** .....\$15.00  
This one just keeps coming at you. It's relentless. Take our original Buffa Burger and add our amazing Chorizo chili with sour cream and shredded cheddar cheese. Throw some Jalapeños on there for an extra \$1.

**The Dark Side** 🌶️🌶️ .....\$15.00  
The Force is strong with this one. Our half-pound burger doused in Chuck sauce, with American cheese and red onion. Served dressed with lettuce & tomato.

**The Sith Lord** 🌶️🌶️🌶️🌶️ .....\$16.50  
Feel the full power of the Dark Side. We add just enough Ghost Pepper Powder to our Dark Side burger to make Darth Maul cry. Mere humans beware!

**Patty Melt** .....\$13.50  
½ lb Burger w/Swiss cheese & grilled onions on rye.

**The Veggie**  .....\$11.00  
Spicy black bean patty with tomato, lettuce, and Creole mustard on wheat. Served with vegetable.

**The Way to Eden** .....\$13.50  
If the Space Hippies from that classic Star Trek episode had this, they never would have left Earth. Two garden burger patties, cheddar & pepper jack cheese, and BBQ sauce.

## House Specialties

**NEW**  
**Alligator & Chicken Gumbo**  
cup \$9.00 | bowl \$14.00  
Our original gumbo recipe, now with tasty Louisiana alligator! (Try it, you'll like it!).

**Shrimp Creole** 🌿 \$18.00  
Our original mouth-watering recipe has been called among the best in New Orleans!

**Chorizo Bean Chili**  
cup \$9.50 | bowl \$12.50  
The best chili we have ever tasted – no, really. Add cheese, sour cream, onions, or jalapeños for \$1.00 each.

**Bratwurst Jambalaya**  
cup \$8.50 | bowl \$13.00  
Chuck's award-winning recipe. Johnsonville Brats, soaked in beer & onions, grilled, then added to a super-secret jambalaya recipe. Yum!

**Carrot Croquettes** 🌿 \$17.00  
Two crispy fried carrot and A spin cakes, topped with Gulf shrimp and a smoked sausage cream sauce. Served with a side of green vegetables.

**Red Beans & Rice**  
cup \$8.00 | platter \$12.00  
• Add Grilled Sausage \$2.50  
Made from an old family recipe and slow cooked to perfection.

**Blackened Redfish** \$19.00  
A New Orleans classic dish. A delicious red drum, straight from the Gulf, blackened with our special seasoning mix. Served with vegetable of the day, our house salad and fries. Add \$1.50 for Caesar Salad.

**Eat Fit**   
**NOLA Dinner**  
A heaping portion of sautéed vegetables with your choice of chicken, shrimp, or redfish.

**Chicken** \$15.00  
**Shrimp** 🌿 \$17.00  
**Redfish** \$17.00

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# Buffa's Breakfast Menu

BREAKFAST SERVED 2AM TO 2PM

"The Fitzgerald" • 4-8 AM Mon-Fri

Two Eggs (almost) any style  
Two Sausage Links or Bacon Strips  
Two Pieces of Toast  
**\$6.00**

## Breakfast Entrees

### Two Eggs (almost) any style

- with hash browns or grits, & biscuit or toast ..... \$9.00
- with bacon or sausage links ..... \$10.00
- with smoked sausage ..... \$11.00
- with our deep-fried  
honey praline ham ..... \$12.50
- with shrimp  ..... \$15.00

**Shrimp & Grits**  ..... \$14.00  
A New Orleans favorite—and no one does it better than Buffa's.

**EggaMuffin** ..... \$8.00  
Our Deep-Fried Honey Praline Ham with a fried scrambled egg on an English Muffin. Served with hash browns.

**B.O.B** ..... \$10.00  
It's our very own "Breakfast On Bread!" Three slices of bacon, a fried egg and hash browns between your choice of bread.  
Add \$1.50 to make it "Brunch on Bread" with lettuce and tomato.

**The EFN Good Sandwich**  ..... \$9.50  
Egg whites, cheddar cheese, & tomato between two slices of wheat bread. Eat Fit NOLA (EFN) approved!

**Biscuits & Gravy** ..... small \$6.50  
large \$10.00  
With Sausage gravy made from scratch in our kitchen!


 - Contains Shellfish  
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## Omelets

**Egg White Omelet** ..... \$9.50  
Mostly egg whites (there's one whole egg) with shredded cheddar cheese.

**Cheese Omelet** ..... \$9.00  
Your choice of cheese in a three egg omelet. Served with a side of toast.

**Shrimp & Jalapeño**   ..... \$14.50  
Mostly egg whites with Gulf shrimp jalapeños and cheddar cheese.

**Shrimp Creole**  ..... \$15.00  
Our delicious, original-recipe Shrimp Creole folded into a three egg omelet.

**Three Egg Omelet** ..... \$13.00  
Choose any three fillings: cheese, mushrooms, onion, green pepper, jalapeños, tomato, bacon, sausage, or deep-fried honey praline ham.  
Add \$1 for each item over three.

## Sides

- Biscuit, Grits, or Toast** ..... \$2.00
- One Egg** ..... \$2.25
- Bacon (3 slices) or Sausage (3 links)** ..... \$3.00
- Hash Browns** ..... \$4.00

## Buffa's Merchandise

- T-Shirts**
- Black or White S-XL ..... \$16.00
- Black or White XXL - 3XL ..... \$19.00
- Baseball Cap Black or White** ..... \$15.00
- Coffee Mug** ..... \$5.00
- Coozies** ..... \$5.00
- Tote Bags** ..... \$5.00
- Bring it in for your To Go order and we'll waive the \$1 Take Out fee.

- Hot Sauce**
- Mango ..... \$5.00
- Jalapeño ..... \$5.00
- Cayenne ..... \$5.00
- Crushed Chipotle ..... \$5.00
- Habanero & Garlic ..... \$5.00
- Roasted Habanero & Garlic ..... \$5.00
- Habanero Garlic Crushed Pepper ..... \$5.00
- Habanero XXX ..... \$5.00
- Caribbean Hot Mustard ..... \$7.50
- Live From The Back Room CD** \$10.00

## Beverages

- Bottled Water** ..... \$2.00
- Whole Milk** ..... \$2.00
- Juice** ..... \$2.00  
(Cranberry, Grapefruit, Orange, Pineapple)
- Soda** ..... \$2.00  
(Coke, Diet Coke, Sprite, Ginger Ale)
- Coffee** ..... \$2.00
- Iced Tea** ..... \$2.00
- Barq's (in glass bottles)** ..... \$4.00
- Red Bull** ..... \$5.00